CODE OF CONDUCT FOR A DISCIPLE OF THE HOLY SPIRIT

1

Be conscious ever that thou aspirest to the fullest expression of God, and devote all of thy being and thy service to that end – as expressed so ably in the First Commandment.

2

Learn the lesson of harmlessness; neither by word nor thought nor feeling inflict evil upon any part of life. Know that action and physical violence are but the lesser part of the sin of harmful expression.

3

Stir not a brother's sea of emotion, thoughtlessly or deliberately. Know that the storm in which thou placest his spirit will sooner or later flow upon the banks of thine own lifestream; rather bring tranquility to life, and be as the psalmist so ably puts it: 'oil on the troubled waters.'

4

Disassociate thyself from the personal delusion. Never let self-justification reveal that thou dost love the self more than the Harmony of the Universe. If thou art right, there is no need to acclaim it; if thou art wrong, pray for forgiveness. Watching the self, thou wilt find the rising tides of indignation among the more subtle shadows on the path of Right, called 'self-righteousness.'

5

Walk gently through the Universe – knowing that the body is a Temple in which dwelleth the Holy Spirit which bringeth Peace and Illumination to life everywhere. Keep thy Temple always in a respectful and cleanly manner as befitting the habitation of the Spirit of Truth. Respect and honor, in gentle dignity, all other Temples, knowing that ofttimes within a crude exterior burns a greater Light.

6

In the presence of Nature, absorb the beauties and gifts of Her Kingdom in gentle gratitude. Do not desecrate Her by vile thoughts or emotions, or by physical acts that despoil Her virgin beauty.

7

Do not form nor offer opinions unless invited to do so, and then only after prayer and silent invocation for guidance.

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8

Speak when God choosest to say something through thee. At other times remain peacefully silent.

9

Make the ritual of thy living the observance of God's rules, so unobtrusive that no man shall know that thou aspirest to Godliness, lest the force of his outer will might be pitted against thee, or lest thy service become impinged with pride.

10

Let thy heart be a song of gratitude that the Most High has given unto thy keeping the Spirit of Life which, through thee, chooses to widen the borders of His Kingdom.

11

Be alert always to use thy faculties and the gifts loaned unto thee by the Father of all Life in a manner to extend His Kingdom.

12

Claim nothing for thyself, neither powers nor principalities, any more than thou claimest the air thou breathest – or the Sun; using them freely but knowing the God-ownership of all.

13

In speech and action be gentle, but with the dignity that always accompanies the Presence of the Living God that is within the Temple.

Constantly place all the faculties of thy being, and all the inner unfoldment of thy nature at the feet of the Godpower, especially when endeavoring to manifest Perfection through one in distress.

15

Let thy watchwords be gentleness, humility and loving service, but do not allow the impression of humility be mistaken for lethargy. The servant of the Lord, like the Sun in the Heavens, is eternally vigilant and constantly outpouring the gifts which are in his particular keeping.

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MAHA CHOHAN